



## HEALING POWER OF SANDTRAY PLAY THERAPY

Presented by Dr. Mary Rottier

Register at [pawsforhealing.com](http://pawsforhealing.com) Cost \$400 USD  
November 8-November 9, 2024 from 8-4:30pm

### DESCRIPTION

This workshop will help the participants understand the history of sandtray play therapy work and the materials needed to put it into practice. Participants will learn the play therapy skills needed to process sandtray with their clients. Case studies, experiential learning, and play therapy videos will aid in this process. The role of the play therapist in sandtray will be examined as well as specific populations this modality works well with. Specific play therapy theories, techniques, rationale, and history specific to sandtray play therapy will be discussed. This workshop will also focus on personal growth through opportunities to create your own sandtrays.

### OBJECTIVES

1. Describe the history and use of sand tray play therapy.
2. Demonstrate how to lead a client through a sandtray play therapy session, including describing the reason for sand tray therapy
3. Explain the process of a sandtray play therapy session and ending a sand tray session.
4. Apply the use of being present throughout a sand tray play therapy session.
5. Utilize ways to explore and assess client's narrative/private logic.
6. Prepare the client gain insight and make changes to their thoughts, feelings, and behaviors through the use of sand tray play therapy.
7. Develop and practice sand tray play therapy directive trays.
8. Demonstrate ways to apply directive sand trays with clients in play therapy.
9. Verbalize an Understanding of the link between how a child uses the sand and the activation in their nervous system
10. Demonstrate various ways to bring regulation into the sand tray to help deepen the child's experience
11. Describe the role of the therapist in sandtray play therapy sessions.
12. Identify materials used in sandtray play therapy

### CE INFORMATION

12 Contact Hours

Sponsored by The Association for Play  
Therapy APT Approved Provider 23-692



### LOCATION

#### CARDINIA EQUINE ASSISTED COUNSELLING

1070 Caldermeade Road  
Catani, VIC 3981 Australia

#### CONTACT

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For cancellation and refund policy,  
please visit [pawsforhealing.com](http://pawsforhealing.com)



### DR. MARY ROTTIER

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Licensed Professional Counselor,  
Registered Play Therapist Supervisor,  
International Association for Sandtray  
Therapy, Certified Animal Assisted Play  
Therapist, Approved Clinical Supervisor